



West Lake Country Club • Augusta, Georgia • October 2007

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Alan Prophet Comedy Show & Dinner

OCTOBER 12TH

\$59 per person Show & Dinner • \$38 per person Show Only

Member Charge Bar

30th Annual Men's Member/Guest Golf Tournament

Friday, October 12th & Saturday, October 13th

2007 Schedule of Events

Thursday, October 11th

All Day Practice Round – Arranged By Host
 10:00a – 5:00p Early Tournament Registration
 7:00p – 10:00p Stag Party, Putting & Chipping Contests,
 Country Club Casual
 7:00p – 10:00p Ladies Stag Party, Wine Tasting & Bunco,
 Country Club Casual

Friday, October 12th

7:00a – 9:00a Tournament Registration
 7:00a – 9:00a Full Breakfast Buffet – Family Dining Room
 9:00a – 11:30a Match 1 – Shotgun Start
 11:00a – 12:30p Lunch – Served At Scoreboard
 12:30p – 3:00p Match 2 – Shotgun Start
 3:00p – 5:30p Match 3 – Shotgun Start
 7pm Optional Comedy Show/Dinner

Saturday, October 13th

7:00a – 9:00a Full Breakfast Buffet – Family Dining Room
 9:00a – 11:30a Match 4 – Shotgun Start
 11:00a – 12:30p Lunch – Served At Scoreboard
 11:00a – 4:00p Ladies Luncheon, Shopping,
 Fashion Show & Games, Country Club Casual
 12:30p – 3:00p Match 5 – Shotgun Start
 3:30p – 5:30p Wine & Cheese Served By The 18th Green
 4:00p Shoot-Out On #18
 7:00p – 11:00p Cocktail Party & Awards Presentation.
 Entertainment By Pseudo.
 Cocktail Attire For Ladies,
 Jacket Preferred For Men

Sign Up

Completed entries may be submitted to the golf shop. The field is limited to the first 60 teams. A formal invitation will be mailed to each guest. Teams withdrawing are subject to cancellation fees.

Tournament Format

The field will be divided into flights based on combined team handicap. Six (6) teams will play in each flight. Teams will compete in a series of five (5) nine (9) hole match play matches. Teams will play one (1) match against every other team within their flight. The lowest best ball net score will determine the winner of each hole. Winners of forfeited matches will earn (6) points.

Points will be awarded as follows:

- 1 Point for winning the hole
- 1/2 Point for halving the hole
- 9 Points possible each match

The team that accumulates the most points within their flight is deemed the flight winner. All flight winners and two (2) wildcard teams will compete in a sudden death shootout. The shootout winner will be crowned the overall tournament champion. (Number of wildcard spots based on a full field.)

Entry Fee

\$650 Per Team

Entry Fee Includes: Food & Beverages at All Tournament Social Functions and during play, Tee Gift, Stag Parties, Ladies Luncheon, Guest & Cart Fees, Tournament Prize Opportunities, Fun & Camaraderie

Additional Fees: Thursday Night Putting & Chipping Contests, Optional Players Pool \$100

HOURS OF OPERATION CHANGES IN OCTOBER

ADULT & FAMILY DINING	6 p.m. -9 p.m.	Tuesday - Sunday
MEMBER LOUNGE	5 p.m. until ?	Tuesday - Sunday
MEN'S LOCKER ROOM	7 a.m. - 8 p.m.	Tuesday - Sunday
MEN'S GRILLE FOOD SERVICE	11 a.m. - 7 p.m. 11 a.m. - 9 p.m. 7 a.m. - 7 p.m.	Tuesday, Thursday, Friday, Sunday Wednesday Saturday
HALFWAY HOUSE	10 a.m. - 7 p.m.	Tuesday - Sunday
FITNESS FACILITY	5 a.m - 8 p.m. 5 a.m. - Noon 8 a.m. - Noon	Monday - Thursday Friday Sunday
POOL	Closed for the season	

DRESS CODE

Clubhouse Dress Code: Informal attire is permitted in all areas of the clubhouse. However, with the exception of the fitness center, attire can be no less than the Golf dress code as defined under the Golf section of these rules and regulations.

Non-golf collarless shirts, swimming attire, cut-off shorts, scrubs and similar attire are not acceptable. Fashionable mock collared golf shirts, women's sleeveless & collarless tops, and Bermuda-length shorts are acceptable. T-shirts, except for children under the age of ten, and tank tops are not permitted. Men and boys must wear their shirts tucked in, except for shirts designed to be worn loose (examples are Hawaiian - and Tommy Bahama - style shirts). Blue jeans are not permitted for any age. Fitness Center attire such as sweats, halters, athletic shorts and T-shirts are not allowed in the clubhouse except in the Fitness Center and locker rooms and fitness center and locker room ingress and egress. Hats and beach type flip flops are not to be worn by men and boys in the dining and lounge wing of the clubhouse. Hats are acceptable on the veranda.

Although casual dress is permitted in the dining areas and in the lounge, persons dressed in a manner offensive to other members may be turned away by management.

The veranda is considered part of the clubhouse and all clubhouse dress code rules apply.

ATTENTION CLUB MEMBERS!!!!

If you do not live on West Lake Property and have not purchased a new car decal, the Property Owners Association will require a picture I.D. when visiting the club. Please be sure to purchase your new car decal from Tonya in the club office Tuesday - Friday 8:30 - 3:30. Remember to bring identification and the registration for each vehicle. The cost is \$15 per decal.

RESERVATIONS REQUESTED

For evening dining, Tuesday through Sunday, reservations are requested. To properly staff and prepare enough (but not too much) food, please help us by calling 706-396-4800 for a reservation. Walk-ins and To-go's welcome but reservations take priority. Thank you for your understanding!

COME JOIN US!

In addition to a la carte dining Tuesday through Sunday, We are offering several quick service buffets in the Family Dining Room. We'll still be offering our popular "Country Casual" Thursdays each week, and...

And on Tuesdays and Sundays 5-9 pm

Tuesdays:

Two Chances for "Oktoberfest" on the first and last Tuesdays (2nd and 30th) featuring

Schnitzel, Rostbraten, Sauerbraten ... \$15

Stir Fry and Egg Rolls on the 9th ... \$10

Taco Bar the 16th ... \$10

Catfish 'n' Ribs 23rd ... \$12

Sundays all \$10

7th ... Meat Loaf and Pot Pie

14th ... German Sausage Bar with Kraut

21st ... Lasagna and Baked Spaghetti

28th ... Breakfast for Dinner!!



HALLOWEEN NIGHT BUFFET

5:00 - 9:00 p.m.



BIRTHDAY PARTIES!

Birthday Party Packages

PACKAGE 1

1 entrée (chicken fingers, pizza or hot dogs)

1 side (French fries, chips or fruit)

Pitchers of Soda or Lemonade, Balloons, Hats, Paper Products.

\$8.00 per child

PACKAGE 2

2 entrees & 2 sides

Pitchers of Soda or Lemonade, Balloons, Hats, Paper Products.

\$10.00 per child

Additional Items

Goodie Bags - \$2.50 per child

Piñata - \$25.00

Craft Project - \$2.00 per child

Let us take care of the details. We can match hats, balloons, decorations, goodie bags, piñatas, and crafts to your theme.

Call Sam or Tommy.

WINE CLUB

The West Lake Wine Club takes a unique approach to the enjoyment and promotion of quality wines while at the same time allowing our members a convenient way to enhance their knowledge and access to wine. There is an annual fee of \$250 per couple (\$125 for individuals) to join, to help offset some of the cost through the year. This fee includes the following:

- *Eight Tastings throughout the year including hors d'oeuvres and menu items complimentary to the wine*
- *All Literature and Educational Information*
- *Monthly Correspondence informing you about specials and closeouts only available to West Lake Wine Club members*
- *First Notice and Wine Club discounts for all Wine Dinners*
- *Continuing Wine Club member discounts throughout the year.*
- *Discount on all bottle purchases in the Restaurant and Lounge*
 - *Discounts at local retailers*
- *Complimentary Bottle of wine on your Birthday and Anniversary*

Please call Tommy if you are interested in joining.

Seafood Buffet Friday, October 26

Crab Legs, Fried Shrimp and Oysters,
Broiled and Fried Fish, Chef's Carving Station,
Soup and Salad Bar
PLUS... Chef Dan's Raw Bar

**\$27 ALL YOU
CAN EAT**

**Children 6-12
half price**

**Reservations
required.**



DINNER ON THE RUN

We certainly appreciate that you think of us for your dining pleasure, even when you want to eat at home. Please remember when placing a "To Go" that your order falls in line with those who are dining at the Club. At peak hours, "To Go" orders might take up to an hour to prepare. When calling in and placing an order please place your order and pick it up from the hostess. The staff will do everything they can to accommodate you every need.

CORPORATE HOLIDAY

December 12th has already been set aside for this event. Designed for small businesses and parties of 30 or less, this is a wonderful way to meet others in your business community. We will feature live entertainment, dancing, an elaborate holiday buffet and cash or charge bar. This event will sell out so make your plans now. Call 706-396-4805 for reservations.

HOLIDAY PARTIES

Prime dates in December are still available. Please call the Sam to reserve your date, 706-396-4805.

WIFI

Bring your laptop. WIFI is available throughout the clubhouse.
The password is "grandslam".

BRYAN SCHWAMB Golf Cart Attendant

September Employee of the Month



NOVEMBER CALENDAR

- 1-30 FINALS MEN'S PRESIDENT'S CUP
- 2 NITELITE GOLF TOURNEY
- 4 DST ENDS
- 5 MORTGAGE BANKERS OUTING (MONDAY)
- 8 MEN'S INTERCLUB @ JONES CREEK
- 8 WINE CLUB TASTING
- 10&11 JUNIOR CLUB CHAMPIONSHIP
- 13 TENNIS LADIES' NIGHT OUT
- 15 TENNIS MEN'S NIGHT OUT
- 15 BUNCO
- 17 TURKEY LAUDERDALE
- 18 COUPLES GOLF TOURNAMENT
- 21-23 STUDENT HOLIDAY
- 22 LGA NO PLAY
- 22 THANKSGIVING DAY BRUNCH
- 30 FUN TENNIS MIXED DOUBLES
- 30 GOLF SHOP BALLOON SALE, DAY #1 OF 3

From the Board

August 29, 2007 Board Meeting

- Approved four membership applications, transfers, resignations, and a reinstatement by written ballot.
- Approved September President's letter as edited.
- Approved new method and timing of switchover that recognizes five golf club champions: Women's, Men's, Men's Senior, Men's Super Senior and Junior.
- Approved suspension of a member's handicapped red flag privileges for thirty days.
- Approved "reservations strongly recommended" wording and edited new menus.
- Approved clubhouse dress codes with one revision.
- Tabled member survey for 60 days.
- Approved Cart Rental Rule change from 18 to 16 years old with a valid driver's license.
- Approved Five Star Food outing on Thursday, October 25th 1 P.M. due to the lack of Mondays available.
- Approved Georgia Bank & Trust outing for an available Tuesday or Thursday, 1 P.M., due to the number of available Mondays.
- Disapproved a resigning member's request for a prorated refund of his paid assessment.

VISIT YOUR WEBSITE AT westlakecountryclub.com

Please update any information you find incorrect in your member profile under Membership Roster. Remember that the Club's Annual calendars for golf, social, tennis, pool and fitness events, Membership Directory, By-Laws, Rules & Regulations, Policies, Board Communications & Board members are all included in the "Member Only" section of our website. Enter your member number, then last name under password. Call Linda with questions or problems, 706-396-4802. Enjoy!

TRAVELING?

Did you know that private clubs all over the world reciprocate with other private clubs, for dining, fitness, tennis & golf? Many of your fellow members have enjoyed this privilege. Please give us a chance to help you find a club in the city of your destination: Kirk for golf, Tommy for dining, Dave for tennis or David for any of the three, including fitness.

SIGNING TICKETS

Please sign tickets for charges at the Club and legibly print your name. Because some folks don't sign their tickets, your staff mistakenly charges items to other members. When you sign your ticket, please write in your member number too. Thank you!

EMAIL ADDRESS

Do we have yours, for the weekly schedule of events and daily menu/events updates? Please call the office, or email us!

Members In the News...

Congratulations to: Scott Parel, who's on the Nationwide circuit. He finished 7th in the Pete Dye Classic on August 26th @ -10, 50th in the Utah Energy Solutions Championship September 6th @ -7, 10th September 16 & 17th in the Oregon Classic @ -11, made the cut and finished -5 in the Boise open; Jan Cross, who finished fourth in the GSGA Senior Women's Championship in Flight 2 with a 172, and finished third in the first flight of the CSRA WGA 54 hole tourney September 20th. Debra Hatcher finished 5th, Susan Searles 7th; David Terris, who received the 2007 American Academy of Otolaryngology-Head and Neck Surgery's Distinguished Service Award for his contributions; John Rox, who was the top producer at Georgia Bank & Trust Mortgage in July; Christel Hammond, who was the top producer at Wells Fargo Home Mortgage in June; Ed Umstead, who was #1 Salesman for the year at Amgen; Jan Cross, who tied for sixth at the Georgia Women's Team Championship; Tom Hardy, who placed 3rd and Chase Parker who placed 22nd in the 16-17 division of the Southeastern Junior Golf Tournament. Ashlan Ramsey, Shannon Aubert and Taylor Ramsey finished 1st, 2nd and 3rd in the 12-14 division. Emmanuel Kountakis placed 13th in the 12-13 division. Tyler Duke placed 28th and Will Mobley placed 29th in the 14-15 division. Emmanuel Kountakis (boys 12-13) and Ashlan Ramsey (girls 12-14) both finished first in the Plantation Junior Golf Classic at Goshen September 23rd. Taylor Ramsey tied for third in girls 12-14 division, Shannon Aubert was fifth, Tom Hardy finished 15th in the boys 16-18 division, Chase Parker 21st; Andrew Dromsky, who triumphed in Boys Singles and Mixed Doubles for PRC in JTL; Chase Parker, who won his match in the Georgia-South Carolina Challenge Title last month and was 6th in the GSGA Junior Boys State Championship; Taylor Ramsey, who finished 9th in the GSGA Junior Ladies State Championship and first in the GSGA Top 60 Classic in flight #2.

Prayers are requested for college freshman Katie York, daughter of member Ron & Melrose York. Katie is experiencing a recurrence of seizures.

Condolences to John & Denise Tudor. Mrs. Tudor's mother passed away August 10th.

WELCOME NEW MEMBERS

Marina Cheng joined as a Tennis Member. She is a Physician with the Medical College of Georgia. Her husband is **Jason Lucey** and they have one child, **Sienna**.

Thomas Graziano joined as a Golf Legacy Member. He is the owner of Bottom Line Products, Inc. His wife is **Susan** and they have two children, **Gigi** and **Tag**.

Janie Sinacore-Jaberg joined as a Golf Member. She is the Chief Operating Officer of Trinity Hospital. Her husband is **Clair Jaberg** and they have two children, **Lauren** and **Julie**.

Jay Weinberger joined as a Social Member. He is the Vice President of Weinberger's Furniture. His wife is **Pam** and they have two children, **Saul** and **Hannah**.

HOUSE WINES

We are now offering
West Lake Private Label Wines
\$6 glass • \$24 bottle
Cabernet, Chardonnay, Merlot
and White Zinfandel

Tripp's Tips:

Turfgrass: Warm season turfgrasses will still require one inch of water per week to stay healthy. This season we have received an abnormal amount of rainfall. Start working on overseeding your lawn. Before the process begins remove all tree leaves from the turf area to insure proper coverage. Apply the seed according to the directions on the bag label. Increase the watering regime to an inch and a quarter per week to insure germination of the ryegrass. Wait until next month to fertilize.

Annuals and Bedding Plants: Do not fertilize perennials this late in the season. Allow perennials to go dormant so they can tolerate the winter weather. Also, add mulch to perennials at a 2-inch depth. This will help conserve soil moisture and protect the root system from the winter weather. Keep new plantings as well as established gardens watered if the weather is dry. Prune perennials when their tops are nipped by the cold. Also, clean up the dead leaves from around perennials. If left on the ground, leaves can harbor disease and provide insects a place to overwinter. Hopefully you have come up with a plan for the winter annual beds. Pansies, violas, kale, and ornamental cabbage will hit the nurseries soon. Inspect your plant material thoroughly. Don't buy weak, diseased, or insect infested plant material. Plant annuals, allowing at least six weeks before first expected freeze to help them get established. Keep an eye on the water needs of annuals. Check the soil for moisture; don't wait until the plants show wilting to start watering. Use a slow-release fertilizer at planting time. This will encourage establishment and flowering.

Trees and Shrubs: Don't let cooler temperatures deceive you. Continue to water on a regular basis. Prune any branches that are dead, diseased, or broken. Keep a watchful eye out for aphids, spider mites, and defoliators. Apply insecticides such as Sevin, Dursban, or Orthene to prevent damage from aphids and spider mites. Caterpillars, or defoliators, can be controlled chemically with Permethins. If there is any evidence of Scale on shrubs, spray with Dormant Oil in late fall and again in early spring. Do not fertilize trees or shrubs displaying fall color. Now and next month are excellent times to plant trees and shrubs. New plantings can range from now until mid December. Remember to make the planting hole only as deep as the rootball but, make it at least two to three times the diameter of the rootball. Purchase a high quality tree with a strong trunk and well spaced branches. This will decrease the time spent on "training" the tree by pruning.

Thank you,
Tripp Williams
Horticulturalist

SUPERINTENDENT'S REPORT

The Fall of 2007: there were a few times in August we wondered if it would arrive. As is usually the case, we are appreciative of the cooler temperatures as we look forward to a great member/guest this month. Both Senior and Ladies Club Championships went well last month and congratulations to our new champions.

Mowing schedules have finally slowed with shorter day length and cooler temperatures. Pre-emergent applications on greens were completed last month. Fairways, tees and roughs will be addressed the latter part of this month.

I would like to thank Mr. Dickson and our Grounds Committee for their continued support through a very challenging summer. I think we have had an exceptional season in spite of the record heat and would like to thank my staff for the tireless efforts.

Joe Durden, Superintendent

Renovation Thank-You's

President of the Board Bo Banks thanked the following contributors to our year+ long clubhouse renovation at the Ribbon Cutting Recognition on September 10th...

- Our architect, Studio 3 Design Group – Richard Hinman, Principal; Anca Lipan, Architect; Michelle Pieper and Chrissie Simpson, Interior Designers.
- Our contractor, R.W. Allen & Associates – Members Scott Clark, Executive Vice President; John Martin, Senior Project Manager; and Bruce Davidson, Project Superintendent.
- Ron Cross, Chairman of the Columbia County Board of Commissioners, and to all of the folks at the County who assisted us in the building process.
- Chuck Dickson, Club Board Vice President and Chairman of the Master Planning Committee, who has been spearheading the renovation project for the past year and a half.
- Mike Kerbelis, former Board member and Chairman of the Master Planning Committee, who got this project off the ground from 2003 through 2005.
- Member Fred McCarty, our on-site engineering inspector.
- Board members Frank Askin, Deanie Barksdale, Max Beal, Bob Gardner, Rick Griffin, Lawrence Hammond, John Hayes, David Jones, Ron Patterson and Larry Prather, Sr. for their support throughout the renovation.
- Member Earl Barton, owner of Tri-Ad, who supplied our doors and frames.
- Member Wayne Brown, who donated the two beautiful clocks on the practice range and putting green in celebration of our new clubhouse.
- Member Brian Carter, owner of Carter Landscaping, for installing the irrigation, plantings and sod around the clubhouse.
- Member Bubba Climer, who helped secure our financing.
- Members Al Davis, owner of DPS, who supplied the drywall.
- Member Bobby Dressel, owner of Dressel Electric, who supplied the electrical and lighting requirements of the club.
- Member & CPA Rick Evans, Partner in Serotta, Mattocks and Evans, for his counsel during the financing phase of the project.
- Member Rhonda Graybeal, owner of Hang-ups, for supplying our artwork.
- Member Bill Lavery, owner of Georgia-Carolina Sound, for installing our audio system.
- Member Charlie Parker, for his counsel on the financing phase.
- Member Bill Pitts, owner of Modern Business Systems, for supplying much of our furniture, fixtures, and our golf bag storage system.
- Member Bob Shaw, President of Gold Mechanical, who installed air conditioning and heating systems.
- Member Will Sherrill, owner of Norvell Fixture & Equipment, for supplying our kitchen and bar equipment.
- Club Maintenance Engineer Darrell Williams, who was everywhere all during the year plus long project. And our Housekeeping staff, headed by Susan Sanders.
- Club horticulturalist Tripp Williams and Ground Superintendent Joe Durden, who coordinated our plantings, sod, fountain, putting green wall and clubhouse cart and walking path installations.
- General Manager David McManus, Club Controller Linda Lake, Administrative Assistant Tonya Fairburn, Bookkeeper Ann Norton, F&B Service Director Tommy Pinkney, Banquet Coordinator Sam Harmon, Banquet Captain Steven Henderson, Executive Chef Dan Urie and everyone else who worked in the clubhouse through the transition.
- Attorney Noel Schweers, for guiding us through the endless loan financing and closing requirements.
- All Renovation sub-committee members.
- And thank you to our 900 plus members for their patience. Finally, they won't have to ask "where do we dine tonight?"

Fitness Center

FITNESS CENTER MEMBERSHIP

The Fitness Center is available to any West Lake Country Club member for \$15.00 per month per person (Golf members families \$45 maximum). It is open 24/7 with **manned hours of Monday-Thursday 5:00 am - 8:00 pm, Friday 5:00 am - noon and Saturday 8:00 am - Noon**. For access during unmanned/locked hours, each user's fingerprint must be secured and a key fob assigned to access the Center's biometric system.

WEST LAKE FITNESS CHALLENGE

WOW! Seventeen brave soles have taken that very scary first step toward better health! The pounds are melting away, the waistlines are shrinking and shopping for party dresses promises to be much more enjoyable this year!

NEW CHILDREN'S CLASSES:

- **KIDS KARATE ...** Tu 4:00-5:00pm
(5 years old and up ... additional \$35.00 per month)
- **KICKBOXING ...** Th 4:00-5:00pm
(13 years old and up ... additional \$35.00 per month)

Parents, if you and/or your children are interested in either one of these programs, please let us know in the Fitness Center as soon as possible. Rob Blandenburgh, owner of Augusta Martial Arts, is willing to bring his program to us for a very reasonable price ... \$35.00 per month.

CLASS SCHEDULE

Since class size is limited, reservations are required for all classes. We use the waiting list everyday and are able to accommodate many on the list. Please remember to call us if you are unable to attend a class that you have reserved.

We would like the opportunity to serve another member on the waiting list whenever possible. A "No Show/No Call charge of \$5" is now in force.

MASSAGE THERAPY

Fitness members can now enjoy the benefits of Massage Therapy! Appointments are available on Mondays, Wednesdays, Fridays and Saturdays. Gift certificates are available for fellow Fitness members. Please call the Fitness Center (706-396-4808) for more information or to make your appointment. Enjoy your first massage at 25% off.

COMMENTS HEARD ON ANY GIVEN DAY...

"I have lost 8 pounds since I started coming to classes in May."

"My golf game has really improved."

"The smartest thing West Lake has ever done was build this Fitness Center."

"My husband and I joined West Lake just because of the Fitness Center."

"I can now wear that skirt!"

"I can't believe how much better I feel!"

Class Descriptions

CYCLING ... Indoor cycling is the most popular cardio class in the fitness industry today. The instructor will coach you through all sorts of terrain to help you burn the most calories in the least amount of time! (45 minutes)

STEP & SCULPT ... Combining the cardio of step with the muscle strengthening of sculpt, and topped off with some necessary stretching. (60 min)

BEGINNER STEP & SCULPT ... Combining the cardio of step with the muscle strengthening of sculpt, and topped off with some necessary stretching. This is a great place to start if you are over 50 years of age. (60 min)

YOGA ... Using a series of poses designed to increase strength, balance, flexibility and relaxation, this class offers challenges for beginners through advanced students. Please bring your own mat.

YOGA STRETCH ... If you are new to Yoga, this is a great place to start. The emphasis is more on the stretching (flexibility) of Yoga and less on the strength poses. Please bring your own mat.

PILATES ... Strengthen your core (abs, obliques, chest and back), develop long, lean muscles and increase your flexibility with this very popular class format. Please bring your own mat.

BEGINNER PILATES ... This is a great introduction to Pilates ... especially if you are over 50 years of age. Please bring your own mat.

ZUMBA ... Have fun getting fit while dancing to a Latin beat. It's interval training without equipment (fast moves, slow moves). This is the latest fitness craze ... thanks to Dancing With The Stars!

BEGINNER DANCE ... Enjoy some fun dance moves with Suzanne on Friday mornings. It's a great way to get fit! (Fergie has nothing on us!)

FITNESS BOOT CAMP ... If you are looking for a high energy class that brings back some of the "old school" methods of training to develop stamina and burn calories, such as jumping jacks, jump squats, thrust jumps, jump rope, etc., fused with strength moves to define muscles, then here's your class! (Occasionally, we will meet outside on Club grounds.)

SCULPT ... Muscle strengthening with weights and tubes emphasizing functional fitness (the way our body naturally moves). This is different from using machines that isolate one particular muscle group ... sculpting uses one or more muscle groups to strengthen the body as a whole.

HAVE A BALL ... NO CARDIO HERE! Start with the stability ball and mix in a little yoga, pilates, weights and stretching and you are sure to have a ball!

T'AI CHI ... Increase your strength, balance, flexibility and energy through slow moving meditation that is T'ai Chi. This is the oldest form of group exercise and is still highly regarded as extremely beneficial for people of all ages.

POWER YOGA ... Take the traditional poses of Yoga that you already know and turn them into a fat burning series of moves and you're talking about an awesome cardio and strength workout. The last 15 minutes of class is devoted to traditional Yoga stretching. (Some previous Yoga experience is preferred.)

MUSCLE CONFUSION ... Get your heart pumping in a variety of ways while sculpting your entire body. Using weights, tubes, medicine balls, and gliding disks, your muscles will be challenged and strengthened.

SATURDAY CHALLENGE ... 8:30-10:00am. Rodd, Jennifer and Bethany will team teach this class designed especially for those participating in the Fitness Challenge. Come prepared to work hard ... Class format will remind you of boot camp. Some instruction will be held outside on the Club grounds. Occasionally, we may take the class off site!

YOUR INPUT IS GREATLY APPRECIATED!

Keep your suggestions coming our way ... we want to continue to adjust and improve our service to meet your fitness needs!

West Lake Country Club Fitness Center Classes – October 2007

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
5:30-6:15 am	CYCLING Jennifer	CYCLING Chip	CYCLING Jennifer	CYCLING Chip	CYCLING Jennifer		
6:30-7:00 am	SCULPT Jennifer	SCULPT Brandon 5:30 - 6:00 pm	SCULPT Jennifer	SCULPT Brandon 5:30-6:00 pm	SCULPT Jennifer		
7:00-8:00 am	YOGA Bring your mat Jane	Beginner PILATES Bring your mat Suzanne	YOGA Bring your mat Jane	Beginner PILATES Bring your mat Suzanne	YOGA Bring your mat Jane		
8:30-9:30 am	STEP & SCULPT Pam	PILATES Bring your mat Suzanne	STEP & SCULPT Pam	HAVE A BALL Pam	STEP & SCULPT Pam	SATURDAY CHALLENGE Rodd/Jenn/Bethany	
10:00-11:00 am	Beginner STEP & SCULPT Pam	FITNESS BOOT CAMP Bethany	Beginner STEP & SCULPT Pam	FITNESS BOOT CAMP Bethany	Beginner DANCE Suzanne	YOGA Nancy/Jane	
11:30 am	T'AI CHI Pam (Grasshopper) Dr. Peter Wang (Master)	POWER YOGA Bring your mat Bethany	T'AI CHI Pam (Grasshopper) Dr. Peter Wang (Master)				
12:30-1:00 pm	CYCLING Jennifer		CYCLING Jennifer				
3:30-5:00 pm	YOGA Stretch Bring your mat Nancy	KIDS KARATE 4:00 - 5:00 pm Rob \$35 per month	YOGA Stretch Bring your mat Nancy	KICK BOXING 4:00 - 5:00 pm Rob \$35 per month			
5:30-6:30 pm				ZUMBA Ginny			
6:30 pm	MUSCLE CONFUSION 6:30 - 7:30 pm Rodd	ZUMBA 6:30 - 7:30 pm Ginny	MUSCLE CONFUSION 6:30 - 7:30 pm Rodd	PILATES 7:00 pm Bring your mat Suzanne			

**Due to limited class size, reservations are required – 706-396-4808.
Be sure to register on the waiting list, many are accomodated!**

Additional Services include Fitness Assessments, Nutrition Counseling, Personal Training and Massage.

Manned hours: Monday-Thursday 5:00 am - 8:00 pm; Friday 5:00 am - Noon; Saturday 8:00 am - Noon

Golf News

MEN'S PRESIDENTS CUP QUARTER FINALS

Scott Resseguie Jake Busbia
 Stil Kountakis John Shields
 Scott Collins Brad Foster
 Bob Gardner Rob Bissell

LGA 9 HOLE RESULTS

NINE HOLE POINTS

1st Place: Jean Duncan
 2nd Place: Jeanette Cooper
 3rd Place: Lillie Holt

EVEN HOLES

1st Place: Cynthia McConnell
 2nd Place: Judy Clarkson*
 3rd Place: Denise Rosenzweig
 * Winner by scorecard regression

LGA 18 HOLE RESULTS

ACE DAY

Deanna Clepper – Ace for September
 1st Place: Kathy Resseguie
 2nd Place: Deanne Fullerton
 3rd Place: Debra Hatcher

MEMORIAL TOURNAMENT

1st Place: Susan Searles*
 2nd Place: Debra Hatcher
 3rd Place: Deanna Clepper
 * Winner of sudden death playoff

LGA 18 HOLES

ACE OF ACES

1st Place: Winifred Russell
 2nd Place: Marion Currow
 3rd Place: Deanna Clepper
 T-4th Place: Eleanor Barbee
 T-4th Place: Donna Monroe
 6th Place: Kathy Resseguie
 7th Place: Ann Williams
 8th Place: Jennie McCarty

LGA 9 HOLES

LOW PUTTS

1st Place: Cynthia McConnell
 2nd Place: Jean Duncan
 3rd Place: Margret Cagle



**SUSAN SEARLES
 MEMORIAL TOURNAMENT
 WINNER BY
 SUDDEN DEATH PLAYOFF**



**DEBRA HATCHER
 MEMORIAL TOURNAMENT
 2ND PLACE WINNER**



**WINIFRED RUSSELL
 ACE OF ACES**



LGA ACE PARTICIPANTS

LABOR DAY SKINS GAME RESULTS

0 - 12 HANDICAP DIVISION

#6 Scott Buff
 #7 Travis Newsome
 #11 Arthur Marshall
 #15 Dwayne Loftis
 #16 John Templeton

13 - 36 HANDICAP DIVISION

#1, #6 Dave Capito
 #2 Bo Quarles
 #3 Jimmy Young
 #15 Jim Faxon
 #17 Marianne Templeton

GREAT SHOTS

Dennis Marcus Hole in One #13 from the White Tees
 Bob Rollins shot his age - 75

JUNIOR GOLF CLINICS

Cost: \$15 per session
 Times: 4:00 – 5:00
 Days: Thursdays
 Dates: October 4, 18, 25
 November 8, 15
 Sign Up: Please call the golf shop to sign up in advance

DRESS CODE REMINDER

Gentlemen please keep your shirts tucked in and hat worn in the appropriate manner.

ASHTRAYS IN GOLF CARTS

Please keep our course free of cigarette and cigar butts. Request an ashtray from your cart staff. Thank you!

HOLE-IN-ONE CLUB

If you are interested in joining, sign up in the Golf Shop. The Golf Shop has posted a current list of participants.

One other person who is not a family member must attest to a hole-in-one. The hole-in-one must be in a stipulated round of golf here at West Lake and may not be a mulligan.

The member who makes the hole-in-one will receive \$5 per hole-in-one club member. One half (1/2) of the earnings will be applied to the member's account and one half (1/2) will be applied to the golf shop credit book.

Never can tell when lightning will strike!

UPCOMING EVENTS

- October 1**
Augusta Prep Monday Outing
- October 1-31**
Semifinals Men's Presidents Cup
- October 3, 17, 24, 31**
Ladies Golf Clinics
- October 4**
LGA Year-End Luncheon
- October 11**
LGA Regular Play
- October 12, 13**
Men's Member/Guest
- October 15**
Junior League Outing
- October 18**
LGA Ace Day
- October 21**
Couples Golf
- October 22**
Autism Monday Outing
- October 23**
Hope Christian Outing
- October 25**
LGA Modified Alternate Shot
- October 25**
Five Star Food Outing
- October 25**
Men's Interclub at Bartram Trail
- October 28**
Parent/Child Golf Tournament

MEN'S SUPER SENIOR CLUB CHAMPIONSHIP RESULTS

ROYAL TROON

1st Overall: Mike Downes - 146
 2nd Overall: Bob Rollins - 147
 1st Net: Don Winchester - 141
 2nd Net: Quinon Purvis - 148

ROYAL LIVERPOOL

1st Net: Frank Barbee - 149
 2nd Net: Jim Faxon - 150

ROYAL DORNOCH

1st Net: Gene Kowalczyk - 135
 2nd Net: Joe Monroe - 151

Golf News ... continued

MEN'S CLUB CHAMPIONSHIP RESULTS

CHAMPIONSHIP FLIGHT – 3 DAY GROSS TOTAL

1st Place: Brad Foster* - 227
 2nd Place: Doug Weiss - 227
 3rd Place: Mike O'Grady - 228
 Winner of sudden death playoff

HOGAN FLIGHT – 2 DAY NET TOTAL

1st Place: Kevin Kelly - 143
 2nd Place: Ed Umstead - 145
 3rd Place: Greg White - 146

SNEAD FLIGHT

1st Place: Tom Wright - 144
 2nd Place: Tracy Durand - 148
 3rd Place: John Mabery - 149

NELSON FLIGHT

1st Place: Ronnie Critz - 141
 2nd Place: Michael Eaton - 145
 3rd Place: Dwayne Loftis - 148

JONES FLIGHT

1st Place: Shawn Ledford - 144
 2nd Place: Randy Layman - 147
 3rd Place: Frank Lee - 150

PALMER FLIGHT

1st Place: Scott Collins - 144
 2nd Place: Cliff Proctor - 146
 3rd Place: Steve Jones - 150

PLAYER FLIGHT

1st Place: Dick Collins - 144
 2nd Place: Curt Steinhart - 147
 3rd Place: Dennis Marcus - 148

SENIOR CLUB CHAMPIONSHIP RESULTS

ST. ANDREWS FLIGHT

1st Overall: Mark Bartles - 145
 1st Net: Tom Wright - 147
 2nd Net: Joe Price - 148
 3rd Net: Bobby Dressel - 150

MUIRFIELD FLIGHT

2nd Overall: Hank Sanders - 133
 1st Net: Bill McKettrick - 139
 2nd Net: Michael Eaton - 149
 3rd Net: Doug Clepper - 149

CARNOUSTIE FLIGHT

1st Net: Charles Cason - 137
 2nd Net: Ben Tompkins - 147
 3rd Net: Kim Lombardy - 150

TURNBERRY FLIGHT

1st Net: Ron Rutkowski - 146
 2nd Net: Norris O'Dell - 148
 3rd Net: Doug Herman - 149



**BRAD FOSTER
CLUB CHAMP IN PLAYOFF**



**DOUG WEISS
2nd PLACE CLUB CHAMP**



**MARK BARTLES – SENIOR
CLUB CHAMP IN PLAYOFF**



**HANK SANDERS –
2nd PLACE SR CLUB CHAMP**



**COLONEL MIKE DOWNES
SUPER SENIOR CHAMP**

Tennis News

October Dates That Rate

October 9th Ladies' Night Out Doubles, No Charge
October 18th Man Night Doubles, No Charge
October 20th Free for All Tennis – Juniors begin at 9:00 am
 Adults begin at 10:00 am
October 26th Adult Tennis Halloween Party

Women's and Men's Nights Out October 9th and 18th

On Tuesday, October 9th at 7:00 pm we will be running a ladies doubles event and on Thursday, October 18th we will host a men's. If you haven't played for awhile you need to come out and play in this event. Don't miss out. It will be fun and it's free!

Opportunities to Play

Do you know about the opportunities you have to play on a West Lake tennis team? I'll bet you would be surprised. The great thing about a league team is that you don't have to worry about setting up your match. It is already set up for you. Most of the matches for the fall season will have started by the time you read this but you can get involved at any time. Please talk to Dave or Joe if you have any questions about how to get involved. Listed below are the current teams and when they play matches. By the way, if leagues don't float your boat we have a fun social scheduled every month for those who prefer the "come when you can" sort of feel.

Ladies CSRA League

"B" Team – Thursdays 9:30 am
 "C" Team – Fridays 9:30 am

CSRA Junior Tennis League

Sundays 2:00 pm

Clinic reminders

We offer clinics for every level of play. Please feel free to contact us at the Pro Shop to get involved in our tennis program.

CSRA B team clinic Tuesday 9:00-10:30 am
 CSRA C team clinic Wednesday 9:00-10:30 am
 Beginner clinic's Tuesday 10:30-12:00 pm
 Men's USTA 3.0 Clinics Thursday 7:00-8:30 pm
 And various junior clinics. Please call for more information

West Lake Tennis Free For All October 20th

This clinic is designed for first time players and players who have been away from the game for awhile. Members this is a great chance to get your non-member neighbors introduced to the Club and tennis at the same time. These free clinics will be offered to kids and adults. The kid clinics are available for ages 5 and over. Racquets will be available for those students who do not have their own yet! Kid's clinic is 9:00-10:00 am with the adult clinic to follow, 10:00-11:00 am. Please call the Pro Shop to sign up, 706-863-4018.

Adult Tennis Halloween Party Friday, October 26th

It's time to party! We are throwing a Halloween tennis party. Players must play in costume and bring a covered dish to share after play. So let's see who will have the best costume and still be able to be mobile on the court. This should be a blast, don't miss it. Call the Pro Shop to sign up now! Play will begin at 7:00 p.m.

HOURS OF OPERATION

(Weather Permitting)

GOLF PRO SHOP – 706-863-4642

Tuesday - Friday 7:30 am - 7:00 pm
Saturday, Sunday and Holidays 7 am - 7 pm

GOLF PRACTICE RANGE

Tuesday - Friday 7:30 am - Dusk
Saturday, Sunday and Holidays 7:00 am - Dusk

DINING – For Reservations Call 706-396-4800

Saturday Breakfast 7:30 am - 10:00 am
Tuesday - Sunday Lunch/Brunch 11:30 am - 2:00 pm
Tuesday, Thursday and Sunday Family Dining . . . 5:00 pm - 9:00 am
Wednesday, Friday and Saturday Family Dining . . 6:00 pm - 9:00 pm
Tuesday - Sunday Adult Dining 6:00 pm - 9:00 pm

MEMBER LOUNGE – 706-863-4640

Tuesday - Sunday 5:00 pm - until ?

MEN'S GRILLE FOOD SERVICE – 706-863-4640, ext. 216

Tuesday, Thursday, Friday & Sunday 11:00 am - 7:00 pm
Wednesday 11:00 am - 9:00 pm
Saturday 7:00 am - 7:00 pm

MEN'S LOCKER ROOM – 706-396-4809

Tuesday - Sunday 7:00 am - 8:00 pm

HALFWAY HOUSE – 706-863-4640, ext. 233

Tuesday - Sunday 10:00 am - 7:00 pm

TENNIS SHOP – 706-863-4018

Tuesday - Sunday 9:00 am - 11:00 pm
Closes at 6:00 pm if no play scheduled

FITNESS FACILITY – 706-396-4808

Monday - Thursday 5:00 am - 8:00 pm
Friday 5:00 am - Noon
Saturday 8:00 am - Noon

POOL – 706-863-5454 Closed for the season

MEMBER SHOTGUN STARTS

Tuesday & Thursday
October 23rd and 25th a.m.
Sorry for the inconvenience

GARAGE SALE

Wednesday, Thursday and Friday
October 17-19

**In the ballroom, we'll have
lots of silent auction items for sale:
furniture, pictures, equipment,
leftovers from the renovation.
Come on in and submit a bid!**

*You may bid
5-10 p.m. Wednesday the 17th
8 a.m. -10 p.m. Thursday the 18th
8 a.m. - noon Friday the 19th*

Bidding closes at noon on Friday.

*Items must be removed by bidder
by Friday night at 5 p.m.*

2007/2008 BOARD OF DIRECTORS

Bo Banks* President
Chuck Dickson* Vice-President, Chairman Master Planning Committee
Co-Chairman Grounds Committee
Bob Gardner* Treasurer, Co-Chairman Finance Committee
Frank Askin* . . . Secretary, Chairman Junior Golf & Membership Committees
Deanie Barksdale Chairwoman Fitness & Tennis Committees
Max Beal Chairman Communications & House/Social Committee
Rick Griffin Vice Chairman Golf and Master Planning Committees
Lawrence Hammond Chairman Pool Committee
Vice Chairman House/Social Committee
John Hayes Co-Chairman Finance Committee
Vice Chairman Fitness Committee
David Jones* Chairman Golf Committee
Ron Patterson Chairman By-Laws Committee
Larry Prather, Sr. Co-Chairman Grounds Committee
*Executive Committee
Chris Baum Vice Chairman Pool Committee

CLUB STAFF

706-863-4640

David McManus, ext 203, 706-396-4803
(davidmcmanus175@comcast.net) General Manager
Kirk Hice, ext 217, 706-396-4810 Head Golf Professional
Dave Gleason, ext 237, 706-396-4818 Director of Tennis
Joe Durden, 706-860-1892, ext 10 Grounds Superintendent
Dan Urie, ext 226, 706-396-4814 Executive Chef
Sam Harmon, ext 206, 706-396-4805 Banquet Coordinator
Tommy Pinkney, ext 208, 706-396-4807 F&B Service Director
Darrell Williams, ext 227, 706-396-4815 Maintenance Engineer
Linda Lake, ext 202, 706-396-4802 Controller
Tonya Fairburn, ext 201, 706-396-4801 Administrative Assistant
Ann Norton, ext 205, 706-396-4804 Bookkeeper
Pam Thrailkill, ext 211, 706-396-4808 Fitness Director
Wendy Urie, 706-863-5454 Pool Manager

OCTOBER 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
1 CLUB CLOSED SEMIFINALS PRESIDENT'S CUP AUGUSTA PREP OUTING	2 FAMILY DINING OCTOBERFEST 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM	3 LADIES GOLF CLINIC FAMILY & ADULT DINING 6:00 TO 9:00 PM	4 LGA YEAR-END LUNCHEON WINE CLUB DINNER FAMILY & ADULT DINING 6:00 TO 9:00 PM	5 FAMILY & ADULT DINING 6:00 TO 9:00 PM	6 BREAKFAST IN THE BALLROOM 6:30 TO 10:00 AM FAMILY & ADULT DINING 6:00 TO 9:00 PM	7 SUNDAY COUNTRY BUFFET 11:30 AM TO 2:00 PM RESERVATIONS REQUIRED FAMILY DINING MEAT LOAF & POT PIE 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM		
8 CLUB CLOSED	9 TENNIS LADIES NIGHT FAMILY DINING STIR FRY & EGG ROLLS 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM	10 FAMILY & ADULT DINING 6:00 TO 9:00 PM	11 LGA REGULAR PLAY FAMILY & ADULT DINING 6:00 TO 9:00 PM	9 12 MEN'S MEMBER/GUEST GOLF TOURNAMENT		13 BREAKFAST 7:30 TO 10:00 AM FAMILY & ADULT DINING 6:00 TO 9:00 PM	14 SUNDAY COUNTRY BUFFET 11:30 AM TO 2:00 PM RESERVATIONS REQUIRED FAMILY DINING GERMAN SAUSAGE BAR WITH KRAUT 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM	
15 CLUB CLOSED JUNIOR LEAGUE MONDAY OUTING	16 FAMILY DINING TACO BAR 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM	17 RENOVATION GARAGE SALE 5:00 TO 10:00 PM			18 8:00 AM TO 10:00 PM LGA ACE DAY TENNIS MEN'S NIGHT OUT BUNCO FAMILY & ADULT DINING 6:00 TO 9:00 PM	19 8:00 AM TO NOON FAMILY & ADULT DINING 6:00 TO 9:00 PM	20 FREE FOR ALL TENNIS BREAKFAST 7:30 TO 10:00 AM FAMILY & ADULT DINING 6:00 TO 9:00 PM	21 SUNDAY COUNTRY BUFFET 11:30 AM TO 2:00 PM RESERVATIONS REQUIRED COUPLES GOLF TOURNAMENT FAMILY DINING LASAGNA & BAKED SPAGHETTI 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM
22 CLUB CLOSED AUTISM MONDAY OUTING	23 MEMBER SHOTGUN START 8:00 A.M. HOPE CHRISTIAN SCHOOL OUTING FAMILY DINING CATFISH 'N' RIBS 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM	24 LADIES GOLF CLINIC FAMILY & ADULT DINING 6:00 TO 9:00 PM	25 MEMBER SHOTGUN START 8:00 A.M. LGA MODIFIED ALTERNATE SHOT FIVE STAR FOOD OUTING MEN'S INTERCLUB @ BARTRAM TRAIL FAMILY & ADULT DINING 6:00 TO 9:00 PM	26 ADULT TENNIS HALLOWEEN PARTY SEAFOOD BUFFET & A LA CARTE DINING 6:00 TO 9:00 PM	27 BREAKFAST 7:30 TO 10:00 AM FAMILY & ADULT DINING 6:00 TO 9:00 PM	28 SUNDAY COUNTRY BUFFET 11:30 AM TO 2:00 PM RESERVATIONS REQUIRED PARENT/CHILD GOLF TOURNEY FAMILY DINING BREAKFAST FOR DINNER 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM		
29 CLUB CLOSED	30 FAMILY DINING OCTOBERFEST 6:00 TO 9:00 PM ADULT DINING 6:00 TO 9:00 PM	31 LADIES GOLF CLINIC HALLOWEEN NIGHT BUFFET 5:00 TO 9:00 PM FAMILY & ADULT DINING 6:00 TO 9:00 PM	MEN'S MEMBER/GUEST Sign up now!			Club Office 706-863-4640 Golf Shop 706-863-4642 Tennis Shop 706-863-4018 Grounds 706-860-1892 Pool 706-863-5454 Fax 706-863-5103 Guard House, Stevens Creek ... 706-863-4250 Guard House, Fury's Ferry 706-868-8615 Dining Reservations 706-396-4800 Website westlakecountryclub.com		



Alan Prophet Comedy Show & Dinner

OCTOBER 12TH

\$59 per person Show & Dinner • \$38 per person Show Only
Member Charge Bar

COUPLES TOURNAMENT SERIES

Next Event: Sunday, October 21st
Starting Time: 4:00 PM Shotgun
Event Fee: \$5.00 per couple
Format: Four-Person Lauderdale
Sign up in the Golf Shop.
Make reservations to dine afterwards!

TENNIS LADIES' NIGHT OUT

Tuesday, October 9th

TENNIS MAN NIGHT

Thursday, October 18th

Calling all Ladies

Don't forget to make plans the 3rd Thursday of each month for Bunco. It's a fun dice game that's easy to learn but it's more about the time you spend with friends.

Make plans to join us Thursday, October 18th at 7 p.m. for Bunco or come early at 6 p.m. for dinner with the Ladies.



Parent-Child Tennis Set for Sunday, October 28th

Public or private, everyone is back in school so we are looking for all of our tennis players to be here. This is always a blast for the kids and the parents. If the parent doesn't play it doesn't matter, we will do our best to have substitute parents so your child can play. Play is from 3:00 – 6:00 PM with a cookout to follow. Don't miss this chance to hit some balls with your kids. Please call the Pro Shop to sign up, 706-863-4018.

West Lake Country Club

3556 West Lake Drive
Augusta, Georgia 30907

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